



**Methow Valley Nordic Team  
Enrollment Form 2009-10**

Name of Skier: \_\_\_\_\_

Mother: \_\_\_\_\_ Home phone: \_\_\_\_\_ Work: \_\_\_\_\_

Father: \_\_\_\_\_ Home phone: \_\_\_\_\_ Work: \_\_\_\_\_

E-mail: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Birth date: \_\_\_\_\_

Previous experience Nordic skiing? # of years? Classic? Skate?  
On a team? # of years on a team?

What are your goals for skiing on the MV Nordic Team?

Program sign-up: (check appropriate category)

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>J4- J7</b>	<b>J3</b>	<b>J2-OJ</b>
<b>\$105</b>	<b>\$320</b>	<b>Competition</b>
2 days/week	2-3 days/week	4-5 days/week
		<b>\$600*</b>
		Valbes and up

Jacket Rental \$25 (optional)  
LBHS \$20 suggested  
grooming  
donation

Registration Fee \_\_\_\_\_  
Jacket Fee \_\_\_\_\_  
Grooming donation \_\_\_\_\_  
Total Fees \_\_\_\_\_

Please make checks payable to:  
MV Nordic Team  
P.O. Box 1063  
Winthrop, WA 98862

*For Office Use Only*  
Waiver Form \_\_\_\_\_

Jacket # \_\_\_\_\_



Methow Valley Nordic  
Ski Educational Foundation  
**Waiver & Release Form 2009-10**

I, the undersigned, or parent or legal guardian of a minor, desiring to participate in the Nordic programs of the Methow Ski Educational Foundation, ("Associates") and/or Methow Valley Nordic Team ("MVNT") hereby acknowledge that the participation by my minor child in Associates and/or MVNT trips and events is permissive only and is subject to the terms of this Release. The waivers and releases given pursuant to this Agreement extend to, and are for the benefit of MVNT, the Associates, and the other Released Parties identified below. I acknowledge that the sport of skiing, Nordic and biathlon, and other related events attended or hosted by the Associates or MVNT are action sports which carry a significant risk of personal injury and even death. I hereby assume those risks, from all factors, known or unknown to my minor child or me. Without limiting the foregoing, I acknowledge that:

Skiing, ski racing and related snow sports activities are hazardous activities and I or my child have made a voluntary choice to participate in those activities despite the risks:

Initial here: \_\_\_\_\_

I know that there are natural and man made obstacles or hazards, surface and environmental conditions, and risks inherent in ski and snow activities, including ice, poor visibility, cold or freezing conditions, variations in terrain, moguls, forest growth, rocks and debris, and other obstacles. I have been given an opportunity to visually inspect the cross-country trails and/or courses, facilities and the ski areas used by the Released Parties. I hereby assume and accept the risk of all natural and man made conditions at the ski area:

Initial here: \_\_\_\_\_

The aforementioned risks, alone and in combination with the actions of other skiers or actions of my minor child can cause very severe or possibly even fatal injury to my child or others. I acknowledge that my minor child, as a participant in MVNT/Associates activities, understand and assume and accept these risks, conditions and hazards whether known or unknown:

Initial here: \_\_\_\_\_

I understand that all MVNT trips involve the use of rental and private vehicles operated by volunteers under private insurance plans. I know that road condition, the actions of other drivers, health conditions of the drivers, and other factors can result in very severe or possibly fatal injury to my child or others. I acknowledge that I, on behalf of my minor child, a participant in MVNT/Associates activities, understand and assume and accept these risks, conditions and hazards whether known or unknown.:

Initial here: \_\_\_\_\_

Having read and understood the foregoing, on behalf of myself or my minor child and our heirs and successors, I hereby waive any and all claims, demands, liabilities and recourse against Methow Valley Nordic Team, the Associates; Methow Valley Ski Educational Foundation; Methow Valley Sport Trails Association; United States Ski Association; United States Forest Service; all sponsors and the agents, agencies, affiliates, members, officers, Directors, volunteers, and employees of all the above organizations (Collectively, the "Released Parties") arising out of or relating to wrongful death, personal injury or property damage suffered by myself or my child from participation in any happening, event, transport to or from, or activity in any way related to the Methow Valley Junior Nordic Team/Methow Valley Ski Educational Foundation Nordic programs. Without limiting the foregoing, it is my intention that this waiver and release extend to and include claims, damages and liabilities arising out of or resulting from the negligence of any Released Party.

By signing below, I am indicating my acceptance of this waiver and release, and I am representing that I or my minor child is in sufficiently good physical condition to participate in the programs and activities of the Associates without jeopardizing my or his/her health.

Name of Participant: Print \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent/legal guardian if under 18 \_\_\_\_\_ Date: \_\_\_\_\_

Participant signature if over 18 \_\_\_\_\_ Date: \_\_\_\_\_